



Simple. Successful.



Basics

Your Daily Essentials

FitLine® Basics contains important vitamins, fibers from fruits, vegetables and cereals, along with enzymes, valuable herbal extracts and live lactic acid bacteria to promote a healthier digestive system.

- Enhances digestive health with natural antioxidants, prebiotics and probiotics
- Rich in vitamin C and selenium, contributing to an improved function of the immune system
- Vitamin E and C support the protection of cells from oxidative stress
- Promotes healthy intestinal flora and stimulates the digestive system
- Provides important soluble and insoluble fibers
- NTC® supports optimum nutrient intake and bioavailability

Nutrition info

Serving Size: 1 Scoop (20 g)	Amount per Serving	% Daily Value*
Calories	34	
Calories from Fat	0	
Total Carbohydrate	10.4 g	3%
Dietary Fiber	5 g	20%
Sugars	5.1 g	
Vitamin A	555 IU	11%
Vitamin C	60 mg	100%
Vitamin E	15 IU	50%
Selenium	30 mcg	43%

*Percent Daily Values (DV) are based upon a 2,000 calorie diet.

INGREDIENTS: Fructose, Acacia Gum, Oat Fiber, Pea Fiber, Thickener (Guar Gum, Pectin), Acid (Citric Acid), Acerola Extract Powder (Maltodextrin, Vitamin C, Acerola Extract), Flavor, Apple Fiber, Vegetable Powder (Broccoli, White Cabbage, Carrots (Maltodextrin, Carrot), Pepper, Spinach, Tomato), Multienzyme Complex (Amylase, Lactase, Protease, Cellulase, Lipase), Vitamin C, Inulin, Rice Fiber, Sweetener (Steviol Glycosides (Steviol Glycosides, Flavor)), Lactic Acid Cultures (Lactobacillus acidophilus, Lactobacillus reuteri), Curcuma Extract with -Cyclodextrin, Selenium Enriched Yeast, Green Tea Extract, Vitamin E, Beta- Carotene, Grape Seed Extract.

Gluten Free.

CAUTION: Do not exceed the stated recommended daily dose. Dietary supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.

DIRECTIONS: Add one packet (12 g) of Basics to 6 fluid ounces of water and feel good!

DAILY RECOMMENDATION: Take one drink per day. Ideal in the morning with FitLine Activize Oxyplus.

"After taking it for the first time I noticed that I have greater vitality. Thanks to Basics I simply feel much fresher." – Carmen B.

"I have now been using Basics and Activize for a month. Since then, I get through the day much better. I am not as tired as I used to be, I can take more in and my endurance has also improved." – Swen S.

